

CADÂNEASCA

de la Măcin – Dobrogea

1 of 2

This dance has a certain popularity in Dobrogea since it is present in almost all traditional dance occasions. It crossed also the Danube to be found today in the eastern part of Muntenia in Brăila and Ialomița. The rhythmical aspect of Cadâneasca pattern is to be found far from Dobrogea in Banat, in south Transylvania, in the southern part of Moldavia, in Muntenia and Oltenia in dances such as Șchioapa or Hodoroaga. It is an aksak (asymmetrical) rhythm of 9/16 of the type 2+2+2+3. The variant from Macin has 4 parts each of 8 meas.

Pronunciation: kuh-deh-NEAHS-kuh deh luh meh-TCHEEN

Formation: mixed open or closed circle with hands in V-pos

Rhythm: 9/16 meter, 2+2+2+3

Videotape: Lia & Theodor Vasilescu, 20 Romanian Folk Dances 7

PATTERN

Measure

INTRODUCTION: 4 meas. No action.

PART A

- 1 Facing ctr and moving bkwd diag R of ctr, step on R (cts 1,2); step on L next to R (cts 3,4); step on R (cts 5,6); stamp without wt on L next to R (cts 7,8,9).
- 2 Facing ctr and moving fwd diag R, step on L across R (cts 1,2); step on R (ct 3,4); step on L across R (cts 5,6); stamp on R next to L (cts 7,8,9).
- 3 Facing diag R of ctr and moving in LOD, stamping step on R (ct 1,2,3,4); lift-and-drop on R heel (cts 5,6); step on L across R (cts 7,8,9).
- 4 Repeat meas 3.
- 5-8 Repeat meas 1-4.

PART B

- 1 Facing diag L of ctr, lift-and-drop on L heel (cts 1,2); moving in RLOD, step on R across L (cts 3,4); step on L to L (cts 5,6); step on R across L (cts 7,8,9).
- 2 Facing ctr and moving bkwd of ctr, lift-and-drop on R heel (cts 1,2); step on L bkwd (cts 3,4); step on R bkwd (cts 5,6); step bkwd on L (cts 7,8,9).
- 3 Facing ctr and moving in LOD, lift-and-drop on L heel (cts 1,2); step on R to R (cts 3,4); step on L next to R (cts 5,6); step on R to R (cts 7,8,9).
- 4 Facing ctr and moving twd ctr, lift-and-drop on R heel (cts 1,2); step on L fwd (cts 3,4); step on R fwd (cts 5,6); step on L fwd (cts 7,8,9).
- 5-8 Repeat meas 1-4.

PART C

- 1 Leap on both ft, R being in front on heel (cts 1,2,3,4); lift-and-drop on L heel while raised R is circling in CW (cts 5,6); step on R behind L (cts 7,8,9).
- 2 Facing ctr and moving in RLOD, step on L heel diag L (cts 1,2); step on R behind L (ct 3,4); step on L heel diag L (cts 5,6); step on R behind L (cts 7,8,9).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-8 Repea meas 1-4.

PART D

- 1 Facing ctr and moving in RLOD, stamping step on R across L (cts 1,2); step on L to L (cts 3,4); step on R next to L (cts 5,6); stamping step on L to L (cts 7,8,9).
 - 2-3 Repeat meas 1 twice.
 - 3 Facing diag R of ctr and moving in this direction, stamping step on R (cts 1,2); stamping step on L (ctas 3,4); stamping step on R (cts 5,6); stamping step on L (cts 7,8,9). During this meas the body is slightly bent fwd.
 - 5-8 Repeat meas 1-4.
- SEQUENCE: Repeat the pattern three times

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