

# Cerná Vlňa

(Czech Republic)

A couple dance from the Valašsko region of northeastern Moravia. The name means “dark or black wool.”

Pronunciation: CHER-nah VIL-nah

Casette: Dances from the Czech Republic, Stockton Folk Dance Camp 2000 2/4 meter

Formation: Cpls in a single circle, facing ctr, W on M's R side. Hands joined in V-pos.

## Meas

## Pattern

INTRODUCTION: 8 meas

### I. SIDE-STEPS, HEEL-TOUCHES, COUPLE TURNS

- 1-4 Step on R to R (ct 1); step on L next to R (ct 2); repeat 3 more times (meas 2-4). Joined hands swing fwd and back on each meas. No wt on last step on L (meas 4, ct 2).
- 5-8 With opp ftwk, repeat meas 1-4 moving to L. On ct 2 of meas 8, ptrs face releasing hands.
- 9 Hop on L touching R heel fwd (ct 1); touch R toe fwd (ct 2)
- 10 Pas de basque to R (step on R in place, step on L in front of R, step on R in place, hold).
- 11-12 Repeat meas 9-10 with opp ftwk (start with hop on R).
- 13-16 With R elbow hold, turn ptr with 4 steps (CW) starting with R ft; clap on ct 1 of meas 13.
- 17-24 Repeat meas 9-16. On meas 24, open out to face ctr, W on M's R.
- 25-48 Repeat meas 1-24. On meas 48, end facing ptr, W with back to LOD, R hands joined.

### II. SIDE-STEPS TO CENTER, MEN STEP-HOP, WOMEN TURN

- 1-4 Step to side twd ctr (M's L, W's R)(ct 1); close opp ft (M's R, W's L)(ct 2); repeat meas 1 three more times (meas 2-4). Joined arms swing twd ctr on ct 1 and away from ctr on ct 2.
- 5-8 Repeat meas 1-4 moving away from ctr and with opp ftwk and arm movements.
- 9 M pas de basque to R (R,L,R, hold); W turn in place about a quarter to R with pas de basque (R,L,R, hold).
- 10-12 M make small circle to L: step on L (ct 1); hop on L while clapping hands under raised R leg (ct 2); repeat meas 10 starting with R ft (meas 11) and then with L (meas 12). W turn to their L back to place with pas de basque (L,R,L, hold) (meas 10); then with 4 steps, starting R, make a small circle to R returning to face ptr (meas 11-12).
- 13-16 Repeat Fig I meas 13-16.
- 17-24 Repeat meas 9-16.
- 25-48 Repeat meas 1-24. At end of meas 48 open out to face LOD, inside hands joined and held down.

### III. TRNKA

- 1-8 Dance 8 hop-steps in LOD starting with R ft. On meas 8 turn as a cpl to face RLOD.
- 9-16 Repeat meas 1-8 in RLOD. End by turning as a cpl to face ctr.
- 17-19 Place R heel fwd on floor (at end of meas 16). Touch R toe to floor twisting heel to R (ct 1); then touch same toe to floor twisting heel to L (ct 2); repeat 2 more times (meas 18-19).
- 20 Pas de basque to R.

## Cerná Vlňa—continued

21-24 Repeat meas 17-20 with opp ftwk.

25-32 Repeat meas 17-24.

IV. HOP-STEPS

1-8 In shoulder-shoulder-blade pos, ptrs turn CW with 7 step-hops (M start with L, W with R). On meas 8, with one step-hop M turns W out (to her R) with his L hand holding her R.

9-16 W turns in LOD with 8 step-hops, hands on waist; M follows ptr with 8 step-hops, hands held up and to sides, palms up.

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