CHAIN THE RING by Doc Alumbaugh

Two head couples balance and swing Promenade halfway around the ring It's forward and back, two by two Now right and left thru as you always do Two head ladies chain across Chain right back and don't get lost The same two ladies chain to the right And chain on around the ring all night Gents stay put like a rock on the floor Chain those gals 'til you've chained all four

Hug 'em tight, and don't you moan Keep on chaining 'til the gals are home When they're home just give 'em a swing And join your hands in a great big ring Circle left and stretch out wide Then do pas o on all four sides Partners left and corners right Partners left and hang on tight Swing 'em high and swing 'em low And promenade on your heel and toe. (Repeat for sides)