

Chalakhian

(Assyria)

Record: Folkraft LP-4 (B5) (2:00)

Formation: Open or broken circle, or line, no partners.

Starting

Position: "T" position: Arms extended sideward (L in back of neighbor's R), hands on neighbor's shoulders. R foot free.

Variation I - Calm

- 1 Facing slightly and moving R, two walking steps (R, L) fwd (cts 1-2).
- 2 Turning to face center, close and step on R foot in place beside L (ct 1). Touch L heel fwd (ct 2).
- 3 Close and step on L foot beside R (ct 1). Touch R heel across in front of L foot (ct 2).
- 4 Touch R heel diagonally fwd R (ct 1). Touch R heel across in front of L foot (ct 2).
- 5 Close and stamp lightly on R foot beside L (ct 1). Pause, freeing R foot to begin again (ct 2).

Variation II - Vigorous

- 1 Facing slightly and moving R, two running steps (R, L) fwd (cts 1-2).
- 2 Turning to face center, leap sdwd R on R foot, Kicking L heel diagonally across in front of R foot (ct 1). Hop on R foot in place, kicking L heel again the same way (ct 2). This can be quite vigorous.
- 3 Repeat pattern of measure 2 reversing direction and footwork.
- 4 Continuing, Hop twice on L foot kicking R heel diagonally fwd R (ct 1) then across in front of L foot (ct 2).
- 5 As I above.