

FORMATION: This is a circle dance. Begin by facing the center.

Part I

- 1-2 Touch right heel and leap onto right.
- 3-4 Touch left heel and leap onto left.
- 5-8 Right steps to side, left closes, jump on both feet, hop on right.
- 9-16 Reverse 1-8, starting with the left foot
- 17-18 (facing clockwise) Step right while lifting left foot, step left while lifting right foot.
- 19-20 (fast steps, moving slightly backwards) Right, left, right, left...toe, step, toe, step
- 21-22 Right cross over left, shift weight back on left.
- 23-24 (facing center) Right to right side, left close, right to right side.
- 25-26 Left cross over right and hop.
- 27-28 Touch right heel and leap onto right.
- 29-30 Touch left heel and leap onto left.
- 31-32 Touch right heel and lift right foot. (Weight should still be on left).

Part II

- 1-4 Mayim step. Right cross in front, left to side, right behind, left to side.
- 5-6 Hop twice on left. Right foot, in air, swings slightly to front and then to right side.
- 7-8 Fast three steps in place — right, left, right.
- 9-16 Reverse 1-8, starting with left.
- 17-18 (Going to center) Step right and hop.
- 19-20 Step left and hop
- 21-22 (Right shoulder toward center) Balance to right and sway.
- 23-24 Left and sway.
- 25-26 (Turning right shoulder to right side, going away from the center) Step right and hop.
- 27-28 (Left going to left side, facing center) Step left and hop.
- 29-30 (In place, facing center) Step right and hop with left leg lifting forward.
- 31-32 Step left and hop with the right leg swinging backwards.

START THE DANCE FROM THE BEGINNING.