

OSU FOLK DANCE WORKSHOP 1981

LAS CHIAPANECAS  
(The Girls from Chiapas)

A very old traditional dance, honoring the beauty of the local girls. All Chiapas dances portray the natural beauty of the state. The marimba is the authentic musical instrument used.

MUSIC: Marimba del Sur, ECO LP 25111 Side 2, Band 5

FORMATION: Couple Dance

STYLING: Dance upright. Skirt is held above shoulder.

INTRUCTION: Waltz step - start right, do 15 times

"REMATE" - Step right, step left.

CHIAPAS STEP: Step left to left, stamp heel of right to left (no weight), step right.

Do 6 times.

"REMATE" - turn left with four steps: left, right, left, right, facing opposite direction 180°

Do above sequence 4 times. Last remate is 3 steps only and hold.

CLAPPING STEP: Turning waltz step

Right to right, step left, step right (180°),

Left, right, left 180°.

Step right to right, point left, clap twice at eye level.

Reverse.

Do 4 times starting to right.

SAN CRISTOBAL STEP: Shift weight to right (no count)

Flat left to left, hop on ball of left, chug back

Brush right crossed left, step left, hop left,

Brush left crossed right, step right, hop right, chug

Do 15 times.

Step right forward (flat), step left forward (flat)

Hold - shift weight back to right. (16th)

CHIAPAS STEP: Do sequence 4 times including remate.

CLAPPING STEP: Do 4 times starting to right.

CHIAPANECAS STEP: Weight on left, 2 ball stamps with right, hop left, 2 ball lefts, jump scissors with left forward, land right, slap left, lift right step back on right.

Reverse

Do above sequence 4 times.

FINALE: 15 waltz steps starting right, remate - right, left

12 waltz steps starting right,

13 and 14 are waltz turning steps.

Step right and clap twice.