

CIGANKO

BULGARIAN GYPSY DANCE LEARNED
FROM BELCHO STANEV
HANDS HELD DOWN
METER: 2/4

- Meas. 1- Moving in LOD, step R, L(1,2)
- Meas. 2 - Facing center, step R to side (1), step L behind R (&), step R to side (2),
 step L in front of R (&)
- Meas. 3 - Rock to R on R (1,), Rock to L on L (2)
- Meas., 4 - Step R to R (1), step L behind R (&), step R to R (2), step L behind R (&)
- Meas. 5- 16 - Repeat meas. 1-4 three more times.
- Meas. 17 - Hop on L (1), step R toward center (&), hop on R (2), step L toward center
 (&)
- Meas. 18 - Step RLRL toward center (1,&2,&)
- Meas. 19 - Hop on L (1), step R to side (&), step L across R (2), step R back to place (&)
- Meas. 20 - Repeat meas. 19 with opposite footwork in opposite direction
- Meas. 21,22 - Repeat footwork of meas. 17,18 on moving back from center
- Meas. 23,24 - Same as meas. 19, 20

MILITSA

PONTIC GREEK LINE DANCE
HANDS HELD DOWN METER:
4/4

- Meas. 1 - facing in LOD, step R forward (1), small bounce on R (&), step L forward
 (2), repeat 1,&2 (3,&4)
- Meas. 2 - step R to R while turning to face L of center and touch L heel to L, raising
 arms to W position (1), hold (2), touch ball of L foot towards center while
 pushing hands forward until arms are parallel to floor, body faces center
 (3), hold
- Meas. 3 - Touch L heel to left, raising arms to W position (1), hold (2), take running step
 toward center onto L and bring arms parallel to floor again (3), take running step
 back to place onto R and raise arms to W position (4)
- Meas. 4 - Repeat action of beats 3,4 of meas. 3 (1,2), take three running steps in
 place LRL (3,&4)

Begin pattern again lowering arms on beat 1 of meas. 1.