

CIOCARLANUL (THE LARK)
Pronounced "cho-car-lon-ool"
Romanian Folk Dance
Record FOLK DANCER MH 1122

Ciocârlanul ~~~

This dance presented to American folk dancers by Romanian authority Larisa Lucaci at Folk Dance House and Maine Folk Dance Camp.

FORMATION: All join hands in a circle, no partners are needed.

PART I:

This is called the "Ciocarlanul" step:
Step on Right foot over Left with weight on it (count 1)
Step back on Left (count 2)
Step on Right foot beside Left foot (count 3)
Step in place again on Left foot (count 4)

Do the above "ciocarlanul" combination of steps three times.

Now in place do a series of quick stamps...RLR...LRL

Repeat all of Part I once more.

PART 2:

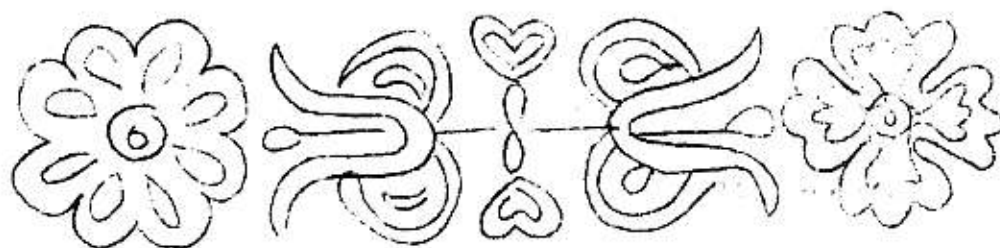
Keep hands joined...all move sideways to the Right five steps.
Start with Right foot going to the Right and Left foot stepping
in back of Right. Then stamp twice on Left foot.

Repeat Left 5 steps starting with Left and finish with two
stamps on the Right foot.

Repeat the whole dance from the beginning.

This is a very lively dance. Side steps in part 2 should be done almost like
a leaping step. In stamping use the heel rather than the whole foot.

The record is much too long for American folk dancers, we suggest starting it
in a bit to make it more comfortable.



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