## Presented by Larisa Lucaci

CICCARLANUL (Romania) (the lank)

46 (8)

MUSIC:

Record: Folk Dancer MH 1122. CHIO TOK-LA-NOOL

FORMATION:

Circle, joined hands at shoulder level.

## THE DANCE

Part 1:

With the Right foot step over the Left foot with the weight on the Right foot, ct. 1. Step in place with the Left foot, ct. 2. Step with the Right beside the Left foot, ct. 3. Step with the Left foot in place, ct. 4. The stress is on ct. 1. Hands find on find I fee back on Next.

Repeat the above 2 more times.

Finish the above sequence by stamping in place, double tempo, RLR, LRL.

Repeat Part 1 once more.

Part 2:

Move sidewards to the Right 5 steps (as in Alunelul) with the Left foot following in back of the Right. Count 1, 2, 3, 4, 5, and finish with 2 stamps with the Left foot.

Repeat the 5 steps and 2 stamps to the Left.

Repeat Part 2 once more.

Start over from the beginning.