

PATTI CAKE POLKA *AMERICAN*

This is the most common version of a "surefire" mixer to warm up a new crowd early in the evening.

Music: Columbia-C47-7 "Little Brown Jug"

Formation

Partners face in a double circle, men in inside circle, ladies in outside circle. Start with one large circle with the man's partner on the right. Next, have the men stand in front of their partners. Ask them to take both of their partners hands and you are ready for the dance.

Action

Measure 1-2

Place "forward" heels out to the side (man's left, ladies right), then the same toe. Energetic folks may hop on these two steps.

Measure 3-4

Slide sideways around the circle to man's left with four sliding or gallop steps.

Measure 5-8

Repeat the heel and toe and slides in the opposite direction, starting with the man's right and ladies left foot.

Measure 9-12

Drop hands, clap partner's right hand three times, pause, then left hand three times, pause, then both hands three times, pause, and own lap three times with both hands, pause.

Measure 13-16

Hook right elbows with partner and walk once around each other, man releasing the lady and moving forward (to his left) to a new partner on the last measure.

Leaders Cue

Heel and toe and heel and toe,
Slide and slide and slide and slide,
Heel and toe and heel and toe,

Slide and slide and slide and slide,
Both; clap, clap, lap; clap, clap,
Turn your partner once around and
the men
Go on to the next.

ATTERBURY MIXER *AMERICAN*

Because this number is so easy, you will find it excellent as a program starter. Good for all ages.

Music: RCA Victor 45-6178 "Irish Washerwoman", "Oh, Susanna", Golden Slippers"

Formation

One single circle, lady on the man's right.

Action

(1) Ladies take four steps to the center and back to place; men clap hands and tap right foot.

(2) Men take four steps to the center, turn left, face the lady who was on his left in the circle and go to her.

(3) Men swing new partners.

(4) Partners promenade counter-clockwise.

(5) All join hands, make single circle facing center, and move to the left.

(6) With hands still joined, all go to the center and back. Repeat as desired.

Leaders Cue

- (1) Ladies in, men cheer.
- (2) Men in, ladies cheer.
- (3) Swing the lady who was on your left.
- (4) Promenade the hall.
- (5) All join hands and circle left.
- (6) Everybody balance in.

CIRCLE TWO-STEP *AMERICAN*

A fine dance to follow the grand march.

Music: Use any good medium two-step record.

Formation

Call the figures you wish which will change partners. Start with single circle, ladies on the right.

Action and Leaders Cue

(1) Ladies in the center, pretty side out. Gents outside, circle to the left; dance with the partner you meet.

(2) Promenade around the circle, ladies go forward and the gents turn back.

(3) Circle up four in the center of the floor. Dance with the partner you meet.

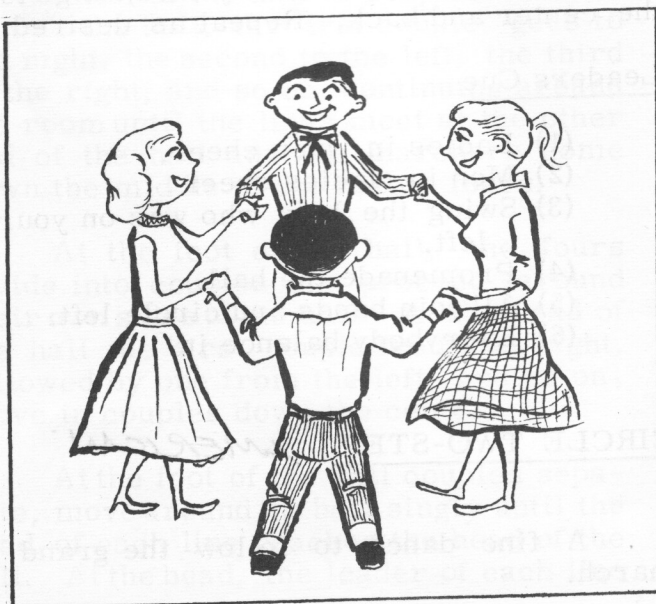
(4) Promenade around the ring. All to the center and back. Dance with the lady across the hall.

(5) All join hands in one big ring. All to the center and back. Dance with the lady across the hall.

(6) All join hands in one big ring, grand right and left, dance with the lady you meet.

BEAN LEICNEÁN GAELIGE
IRISH WASHERWOMAN IRISH

Music: Record: RCA 45-6178 "Irish Washerwoman"



Formation

Single circle, all facing in - Ladies on partners right.

Leaders Cue

All join hands and into the middle
And when you get there keep time to the fiddle

And when you get back remember the call
Swing on your corner and promenade all
(Promenade 16 counts and repeat all)

Action

(All in four steps)
(Stamp foot four times)
(Four steps back out)
(Swing corner lady and promenade)

LADIES TO THE CENTER AMERICAN

An excellent dance for parties with extra men or ladies as no one needs partners to start out.

Music: MH-1110 "Skip to My Lou".

Formation

Single circle, no partners necessary, all facing in.

Action

All ladies take three steps to the center and on "ding, ding", clap twice.

As the ladies back out, the gents take four steps to the center and join hands in a circle.

While the ladies clap, the men circle to the left.

Men release hands and swing nearest lady.

If there are extra men who do not find partners, they take their places in the circle. If there are extra ladies who do not get to swing, they'll have better luck next time. Swing sixteen counts and all join hands with a new partner to start it all over again. If there are older people in the group, three or four times will be enough to make it fun and yet not wear out everybody.