

## AMERICAN CONTRAS

Music for the contra dances may be any good Reel, Jig or Hoedown. A few are meant to be danced only to one tune but it goes without saying that the music for the most part should be well phrased and traditional.

DUPLÉ MINOR SETS will have every other couple as actives ie 1,3,5,etc.

TRIPLE MINOR SETS will have every third couple active - 1,4,7,etc.

When couples reach either end and are facing noone or have no couple on one side of them they wait out one turn (cross over if necessary) and then begin again as the other type of couple (Ones become twos and twos become ones).

### FAIRFIELD FANCY - Actives crossed over

#### Counts

- 8 Do-si-do the one below
- 8 Do-si-do partners
- 8 Circle left once around
- 8 Circle right back to place
- 8 Down the center four in line, Ends turn in
- 8 Back to place (ones bkwd, twos fwd)
- 8 Ladies Chain ( up and down the set)
- 8 Ladies Chain back

### NEEDHAM'S SPECIAL - Actives crossed over

#### Counts

- 8 All join hands in each line, go forward and back
- 8 Swing the lady on the left (End swing with lady on the right side and facing down the set)
- 8 Down the set four in line, California Twirl
- 8 Up the set four in line, bend the line
- 8 Ladies chain across the set
- 8 Ladies chain back
- 8 Pass thru to the other side, U-turn Back (Individual turn)
- 8 Promenade across (All gents who have a lady on their right side take that lady and promenade across, turn to face across the set keeping the lady on your right side)

### SHADRACK'S DELIGHT - Actives crossed over

#### Counts

- 8 Do-si-do the one below to an Ocean Wave
- 8 Rock fwd and back, turn by right hand halfway
- 8 Rock fwd and back, turn by the left hand halfway and
- 8 Swing Partner (End with lady on the right side facing down the set)
- 8 Down the center four in line, California Twirl
- 8 Up the center four in line and Cast Off
- 8 Right and Left Thru across the set
- 8 Ladies Chain back across

### QUIET CONTRA - Actives crossed over (Done to Melancholy Baby - Balance x-208)

#### Counts

- 8 Do-si-do the one below
- 8 Swing the same (End with Lady on right, facing across the set)
- 8 Right and Left Thru across
- 8 Right and Left back
- 8 Ladies Chain over
- 8 Ladies Chain back
- 16 Slow (or Jig) Square Thru (Scottish Rights and Lefts or 1, 2, & 1,2,3)

*Tulsa 1978*