

CONTRAS

THE TOURIST ==

Cpls 1, 3, 5, etc., active
Cross over before the dance starts

Down the outside and back
Into the ctr and do si do
Circle four with the cpl below
Turn your corner with L hand around
Now your own with a R hand around
Swing your corner lady
Opposite ladies chain

TROJAN REEL ==
(Ray Dwyer)

Cpls 1, 3, 5, etc., active
Cross over before dance starts

Down the outside and back
Balance and swing ptr in ctr
Down the ctr with ptr
Same way back and cast off
All forward and pass through
R hand ladies chain (half way)

ST. LAWRENCE JIG ==

Cpls 1, 3, 5, etc., active
Cross over before dance starts

Allemande L the one below
Swing ptr in the ctr
Down the ctr four in line
Turn alone, the same way back
Cast off, R and L four
All fwd and back
R hand star once around

BEEDE HILL REEL ==

Cpls 1, 3, 5, etc., active
Cross over before dance starts

Active cpls swing ptr in ctr
Balance and reel the one below
Down the outside below two
Up the ctr with ptr, cast off

BEEDE HILL REEL (CONT.)

Half promenade
Half R and L

DUKE'S REEL ("DUKE" MILLER) ==

Cpls 1, 3, 5, etc., active
Cross over before dance starts

Balance and swing the one below
With your ptr do si do
Allemande L the one you swung
Then balance four in line
All the M promenade up
All the ladies promenade down
Turn around the same way back
With your ptr allemande L
Opposite ladies chain

ROCHESTER REEL ==

Cpls 1, 4, etc., active
Do not cross over

R hand star with next below
L hand star back to place
Both cpls down the ctr
Turn in place, come back again
Four hands half way round
Ladies sashay across (between M)
M walk straight across
Both cpls bow to ptr
R and L four with cpl below

NONE SO PRETTY ==

Cpls 1, 4, etc., active
Cross over before dance starts

R hand star with next below
L hand star back to place
Down the outside below two cpls
Up the ctr with ptr, cast off
Turn the one below by the L hand
round, the one above by the R
hand round
R and L four with cpl above