

# The Pleasure of Folk Dancing

MICHAEL HERMAN'S FOLK DANCE ORCHESTRA

Dance Directions by Michael Herman, Folk Dance House, New York City  
Arrangements by Walter Eriksson

## SIDE 1

### *Csebogár* **CSHEBOGAR** (Hungary)



There are many variations of this dance, although the following is perhaps the most widely known.

**OPENING FORMATION:** Couples in a single circle, hands joined. Girl on boy's right, all facing center.

**PART 1:** All slide 8 steps to left and 8 steps to right (one step per beat).

**PART 2:** All take 3 steps into center and stamp on fourth.

Then take 3 steps *back* and stamp again. Repeat.



**PART 3:** Partners join hands, arms extended at shoulder height. Take 4 slow "step-draws" (step-close, step-close, etc.) sideways toward center while lowering and raising hands. Repeat back to original position.

Now take *two* step-draws toward center and back to position.

**PART 4:** Partners face, placing right hand around each other's waist (or hooking right elbows). With left hand in air, turn in place with 8 running or skipping steps.