

Chukanoto

(Bulgaria)

Formation: Open circle, bodies held erect, elbows bent and hands joined at shoulder height. Dancers face center during entire dance.
Leader calls the variation changes.

Steps: Sideward, run, stamp.

Measure Pattern

I. Five steps and stamps

- 1 Move swd to R with 4 light running steps, beginning R and stepping L in front of R: R (ct 1); L (ct and); R (ct 2); L (ct and).
- 2 Step R swd to R again (ct 1); lightly stamp L heel beside R, no wt. (ct and); lightly stamp L heel beside R again, no wt. (ct 2); hold (ct and).
- 3-4 Beginning L and moving swd to L, repeat action of meas 1-2.

II. Three Steps and Stamp

- 1 Step to R (ct 1); step L in front R (ct and); step on R to R (ct 2); lightly stamp L heel beside R, no wt (ct and).
- 2 Beginning L and moving to L (CW), repeat action of Fig. II, meas 1. (Repeat for total of 4 times to fit phrasing.)

III. One Step and Stamp

- 1 Dance in place. Step R (ct 1); stamp L heel beside R, no wt (ct and); step L (ct 2); stamp R heel beside L, no wt (ct and).
- 2 Step R (ct 1); stamp L heel beside R, no wt (ct and); stamp L heel again, no wt (ct 2); hold (ct and).
- 3-4 Beginning L, repeat action of Fig. III, meas 1-2.

Arm Motions

I.

- 1 Hands move smoothly down and slightly back (ct 1, ct 1 and, and ct 2). Smoothly they come back up to starting position (ct 2 and).
- 2 (ct 1). The hands are given two small tugs straight down as the foot stamps (ct 1 and, and ct 2). Hold ct 2 and.
- 3-4 Same hand movements are used as the reverse action is repeated.

II.

- 1 Hands move smoothly down and slightly back (ct 1, ct 1 and, ct 2, and ct 2 and).
- 2 Hands return smoothly (ct 1), are tugged straight down (ct 1 and), return straight up (ct 2), are tugged again (ct 2 and).

III.

- 1,2 Hand movements are same as those in Fig. I.