# Dana <br> From the region of Muntenia, Romania Presented by Sonia Dion and Cristian Florescu 

In the Romanian folk repertoire, we find many modern dances with Eastern inspiration and influence. These dances are called Manele. Among them Dana, one of the most popular, is performed by gypsies who live near the capital city of Bucharest or in other major cities in southern Romania. Those gypsies came from Turkey, as is clear from the music and steps to this dance. The music is so powerful and stirring, it is impossible to listen to it without dancing.
Formation: mixed open circle Position: hands free
Pronunciation: DAH-nah

Music: Sonia Dion \& Cristian Florescu Romanian Realm Vol. 1, Band 6
Style : Gypsy style; exuberant, snapping fingers, ululating, shaking shoulders
Ladies more feminine, Eastern movements with hands, shaking necklaces

Meter : 2/4
Description of Dana

Meas. Count

| 1-4 1-8 | Introduction* <br> (hands free, arms down bent from the elbows parallel <br> to the ground ( L pos.), feet together bouncing on heels) |
| :--- | :--- |

## Figure 1

(facing center, moving to the right (LOD)
$1 \quad 1 \quad$ Step L across in front of R 2 Step on R to the right

2-6 Repeat measure 1, five more times
$7 \quad 1 \quad$ Step L across in front of R
\& $\quad$ Step on R in place
2 Step on L close to R
$8 \quad 1 \quad$ Step R across in front of L
\& Step on $L$ in place
2 Step on $R$ close to $L$
9-10

11-12
Repeat measures 7-8**
**Touch R beside L on last count, first time only
*(Note: replace introduction measures by 4 additional measures of measure $\mathbf{1}$, fig 1 )

## Figure 2

(hands free, arms higher than shoulders in $U$ position)
11 Large step on R ft to the R , body in diag. to the R , raising arms
2 Large step $\mathrm{L} f t$ across in front of Rft
2
1 Large step on R to the right
2 Touch with R ball, body facing center

| Meas. | Count | Figure 2 (continued) |
| :---: | :---: | :---: |
| 3-4 |  | Repeat measures 1-2 with opposite ftwk and direction |
| 5-8 |  | Repeat measures 1-4 |
|  |  | Figure 3 |
| 1 | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | Large step on R to the right, body in diag. to the right Large step $L$ across in front of $R$ |
| 2 | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | Large step on R to the right Raise L leg, bent knee $100^{\circ}$ in front |
| 3-4 |  | Repeat measures 1-2 with opposite ftwk and direction |
| 5-8 |  | Repeat measures 1-4 |
|  |  | Figure 4 <br> (hands free in $U$ position, may clap hands on each beat) |
| 1-2 | 1-3 | Execute 1 full turn to the right (CW), moving LOD with 3 steps starting with R ft |
|  | 4 | Raise L leg, bent knee $100^{\circ}$ in front, facing center |
| 3-4 |  | Repeat measures 1-2 with opposite ftwk and direction |
| 5-8 |  | Repeat measures $\mathbf{1 - 4}$, on the last count Touch with $R$ ball near $L$ except the last time (before fig.1) end with Step R beside L (take wt) |
|  |  | Figure 5 |
|  |  | (hands free in almost W position, shoulder-level) <br> (ladies doing shimmying movement and turning wrists) |
| 1 | 1 | Body facing diag. to the left, touch with R ball, crossing in front of L |
|  | 2 | Touch with R ball behind |
| 2 | 1 | Touch with R ball, crossing in front of L |
|  | 2 | Step on R close to L |
| 3-4 |  | Repeat measures 1-2 with opposite ftwk and direction |
| 5-8 |  | Repeat measures 1-4 but on the last count Touch with R ball |
|  |  | Transition |
| 1-2 |  | Bounce on both heels, 4 times |
| 3-4 |  | Moving bkwd with 4 steps, starting with R ft and raising hands gradually above shoulders (U position) |
| Meter |  | Description of Dana (continued) |
| Meas. | Count | Figure 6 <br> (wt on L, forearms: "windshield wiper" movement) |

1

2

3

4
4
1
2
(Note: Meas. 3-4 = Jazzbox)
5-20
Repeat measures 1-4, 4 times ( 5 total)

## Figure 1' (finale)

1-16
17

18
Same sequences as figure 1
1 Step L across in front of R
\& $\quad$ Step on R in place
2 Step on $L$ close to R
$1 \quad$ Stamp on R
\& $\quad$ Stamp on R

## Final pattern:

Introduction
F1 ( 24 ct ) $+\mathrm{F} 2+\mathrm{F} 3+\mathrm{F} 4+\mathrm{F} 5+\mathrm{F} 1$ ( 32 ct $)+$ Transition +
$\mathrm{F} 2+\mathrm{F} 3+\mathrm{F} 4+\mathrm{F} 5+\mathrm{F} 1(32 \mathrm{ct})+$ Transition $+\mathrm{F} 6+$
$\mathrm{F} 2+\mathrm{F} 3+\mathrm{F} 4+\mathrm{F} 1$ 。

