

# DARGASON OR SEDANY (English Country Dance)

**Music:** Record: HMV B10458; Piano: Country Dance Tunes, Set IV, Cecil J. Sharp. The H. W. Gray Co., New York; Novello & Co., Ltd. London\*

**Formation:** A single line for as many as wish to dance.

**Top M** ⑤④③②① ①②③④⑤ **W Bottom**

**Steps:** Running step, skipping.

**Figures:** Siding, Set, Turn Single, Arming, Straight-hey.

**Meas.** **Pattern**

6/8 tempo **Introduction**

**I. Side, Set, Turn Single**

A<sub>1</sub> 1-4 First M and first W side.

5-6 First M and first W set.

7-8 First M and first W, pass L shoulders, turn a single.

A<sub>2</sub> 1-8 First M and second W side, set, turn single, as in Fig. I, A<sub>1</sub>; simultaneously second M and first W side, set, turn single.

A<sub>1</sub> 1-8 Repeat action of Fig. I, A<sub>1</sub>, as many times as necessary in order to have the first W and the first M reach the bottom and the top of the line respectively. When the first M and first W reach the end of the line, all dancers make a half turn, M CW and W CCW to face in reverse dir.

A<sub>2</sub> 1-8 repeated This finishes the first half of Fig. I. In the second half of Fig. I the same movements are repeated, but in reverse order, the M moving and facing up, the W down. At the end of the first change, which is danced by the same pairs as the last change of the first half, the last M and last W, having reached their original places, remain there. Each person in turn upon reaching his original place becomes inactive. The final repetition will be danced by the first couple only.

**II. Arming, Set, Turn Single**

A<sub>1</sub> 1-4 First M and first W arm R.

5-6 First M and first W set.

7-8 First M and first W, pass L shoulders, turn a single.

A<sub>2</sub> 1-8 First M and second W arm R, set, turn a single; simultaneously second M and first W arm R, set, turn single.

A<sub>1</sub> 1-8 Repeat action of Fig. II, A<sub>1</sub>, meas 1-8, as many times as necessary to complete the first half of the Fig.

A<sub>2</sub> 1-8 repeated Arm L, throughout the second half of the figure in order to return to original positions.

**III. Straight Hey**

A<sub>1</sub> 1-8 First, third, fifth, etc. M and second, fourth, sixth, etc. W face down the set; the rest face up.

A<sub>2</sub> 1-8 repeated

Dance a complete straight hey by joining RH with the person directly in front, pass by and join L with the next (a grand R and L). Do not dance too closely and keep H well away from body. Use a skipping step throughout. At the top and bottom of the set outward and around to meet next person and continue hey to original pos. **TURN**

\*Musical notation for "Blag Nag," too.

**Top**

Bottom

**Note:** If an uneven number of M and W are participating - 4 M and 5 W - the number 1 M and number 1 W face for the hev.

--presented by Miriam Lidster

Folk Dance Camp, 1957