SOURCE:

De-a Lungul (DEH-ah LOON-gool) means "along the line," yet it is a cpl dance that traditionally opens a suite of dances at the Sunday Hora, due probably to its slow, stately formal character. Sunni Bloland saw the dance done by mature married cpls during a Market Day in Tirgu Mures, in central Transylwania. The youth of a nearby village, Hodoc, explained that they too do the dance, but only when it is "led" by elders. It seems at least in that village, De-A Lungul is the province of one age group nowadays, although that was not the case in the past

MUSIC:

Record Roemeense Volksdansen (LP) Nevofoon 12153, Side 2 Band 5.

FORMATION:

Cpls in a circle facing LOD, inside H's joined and held dn: in"V" pos, free H's hanging loosely at sides.

WORKS IN THE		
MUSIC: 3	/4	PATTERN
Meas '		
1-8	50	INTRODUCTION "Plimbare" - 24 walking steps; H's swing gently. start M L, W R. End facing ptr ft together H's joined in "W" pos.
		FIGURE I Inside H's held (M R, W L)
1		M: rock fwd L bringing joined H's dn in front of body as body leans sdwd (ct l); step sdwd R coming upright and bringing H's to "W" pos (ct 2); close L to R without wt (ct 3)
2	î	Step fwd L bringing joined H's dn to "V" pos (ct 1) step fwd R bringing joined H's up to fwd and up in arc
8 X	,	(ct 2); turning to face ptr; step sdwd L in LOD and assume reverse Social Dance pos (ct 3)
3		Rock sdwd R (ct 1); rock sdwd L (ct 2); close R to L without wt (ct 3)
4	.T.	Moving in RLOD, step R, L angling slightly away from ptr (cts 1, 2), step fwd R pivoting CCW to face LOD and closing L to R without wt (ct 3)
		NOTE: To repeat Fig. I maintain inside "W" pos H hold. To dance Fig. II, assume Varsouvienne pos.
1-4		W - Same as M but with opp ftwk
~		FIGURE II Both hands held (Varsouvienne pos)
1		M: Step fwd L bending knee (ct 1); step bkwd R (ct 2) close L to R without wt (ct 3)
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@	Step fwd L, R, L (cts 1,2,3)
3	Step R to R (ct 1); step L in front of R (ct 2); step R across in front of L (ct 3)
4	Step diag bkwd L (ct 1); step diag bkwd R (ct 2); close L to R without wt (ct 3). M leads W around him as he faces fwd.
1-2	W: Same as M
3	Keeping both H's joined, walk CCW around in front of and behind M with R,L,R (cts 1,2,3)
4	Step L twd R side of M (ct 1); step on R pivoting CCW in place (ct 2); close L to R to end facing LOD in Var-souvienne pos (ct 3)
ALC A	, FIGURE III Left H's held
1-4	Repeat action of meas 1-4 Fib II, except that R H's are released.
8 6	FIGURE IV Right H's held
1-2	M: Repeat action of meas 1-2 Fib II
3	Releasing L H's step sdwd R (ct 1); step L in front of R (ct 2); step bkwd R (ct 3)
4	Step sdwd L (ct 1); step fwd R (ct 2); close L to R without wt (ct 3). M leads W around him as he faces fwd.
1-2	W: Repeat action of meas 1-2, Fig II,
3	Releasing L h's walk CW around in back of and in front of M with R, L R (ct 1,2,3)
lş.	Step L twd M R side (ct 1); step on R pivoting CW in place (ct 2); close L to R to end facing LOD in Var-sourvienne pos.
44	FIGURE V Man's Pont (Slap)
1	M: Step fwd L bending knee (ct 1); step bkwd R (ct 2) step L beside R (ct 3)
2	Releasing R H's step sdwd R (ct l); step L in front of R (ct 2); close R to L without wt (ct 3)
3	Bend knees (plie) in preparation (ct 1); hop on L extending R leg fwd slapping R thigh at knee with R palm (ct 2); hold, slightly lowering R leg (ct 3); small

Step sdwd L (ct 1); step R in front of L (ct 2); Confinued...

Step sdwd L (ct 1); step R in front of L (ct 2); close L to R without wt (ct 3); M leads W across in front of himself on meas 2, and back to his R side turning her under raised joined H's to end in Varsouvienne pos.

- 1 W: Same as M
- Releasing R H's, walk three steps R,L,R across in front of M to end standing at his L side but facing RLOD (ct 1,2,3)
- 3 Hold in place giving firm support with L H to M if neried (cts 1,2,3)
- Walking across in front of M and turning 1/2 CCW under joined H's to face fwd in LOD, step L, R (ct 1,2,); close L to R without wt and assuming Varsouvienne pos. (ct 3)

FIGURE VI Woman's full turn, M's Pont (Slap)

- M: Repeat action of meas 1, Fig. II
- Releasing R H, step bkwd L (ct 1); step R beside L (ct 2); large step fwd L (ct 3)
- Raise extended R leg fwd slapping R thigh at knee with R palm (ct 1); step bkwd R snapping fingers of R H (ct 2); step bkwd L snapping fingers of R H (ct 3)
 - Step R fwd across in front of L (ct 1); step L diag fwd L (ct 2); step R beside L to end in Varsouvineee pos (ct 3)
- 1 W: Same as M

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- Relating R H's making 1 1/2 CCW pirouettes in front of M, and ending at M L side facing RLOD, step L, R (ct 1,2); wlose L to R without wt (ct 3)
- 3 Hold in place, no action (ct 1,2,3)
- Beginning L, making 1 1/2 CCW pirouettes in front of M under joined L H, and ending on M R side facing LOD step L R (ct 1, 2); close L to R without wt to end in Varsouvienne pos (ct 3)

FIGURE VII Man's Jump II

M: Same as meas 1, Fig II

Step fwd R (ct 1); step fwd L pivoting CW in place to face RLOD and keeping H's held to end in Reverse Varsouvienne pos, W on M L (ct &) step L beside R (ct 3)

Continued ...

3	F. 1975	In place, two small jumps in place with ft together
5		(cts 1 &): small jump with ft apart and knees bent (ct
		2); jump into air clicking ft together (ct &); land
		on both ft together (ct 3)

- Moving in RLOD, step fwd R, L (cts 1,2); pivot CCW in place to end facing LOD and keeping H's held to end in Varsouvieenne pos, W on M R (Ct &) Step R beside L (ct 3)
- 1-2 W: Same as M
- 3 Hold in place, no action (cts 1,2,3)
- 4 Same as M.

Presented by Donna Tripp Idyllwild Workshop 1978

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