

1964 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Dani Dassa

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RECORD: TIKVA T-69 "Dance Along with Sabras"

FORMATION: Line, face circle center, arms bent close to body, join hands.

PART I:

1-5 Bounce on heels
6 Hop on R
7 Touch L heel forward bending R leg
8 Close with L and straighten legs
9-32 Repeat 1-8 3x

Formation: Facing R in line, hands behind back, L hand gripping R wrist, R hand closed, head facing L.



Part II:

1 Step on R fwd in LOD
2 Kick L leg out to L side
3 Bring L back behind R
4 Bring R leg to R side
5-8 Repeat 1-4 starting with L
9-16 Repeat 1-8
16-32 Repeat 1-16

Formation: Facing R in LOD, R hand forward, L back, joining hands.



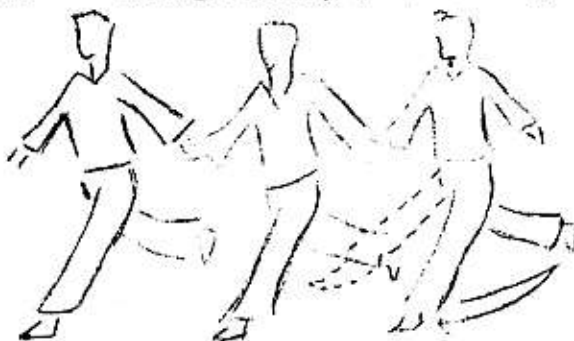
Part III:

1-2 Step on R fwd LOD
3-4 " " L " "
5 Step R fwd bending knee, L off floor to the back
6 Shift weight to L in back lifting R off floor fwd, knees bent.

Continued...

- 7 Brush sharply bkwd with R, and jump off floor
- 8 Land on R - L bent in back and off floor
- 9 Stamp L behind R rising heels off floor - head facing L
- 10 Hold
- 11-12 Bounce in place on heels
- 13 Hop on R moving to L (sideways)
- 14 Leap onto L moving to L (sideways)
- 15 Close with R
- 16 Hold
- 17-32 Repeat 1-16

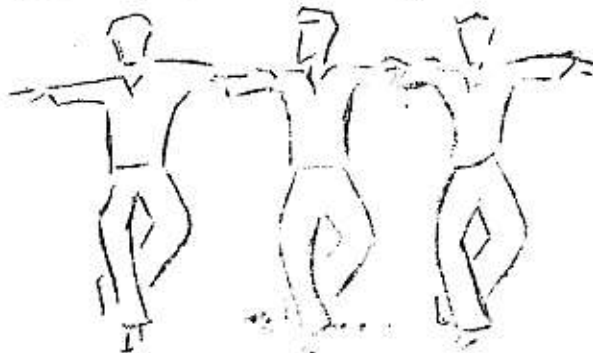
Formation: Facing center, arms holding at shoulder level



Part IV:

- 1-2 Stamp R to R side (taking wide step)
- 3-4 2 stamps L using ball of foot, cross behind R
- 5-12 Repeat 2x
- 13-14 Quick Yemenite step R
- 15 Leap in place onto L - at same time kick R fwd
- 16 Close with R
- 17-32 Repeat 1-16

Formation: Arms are joined downward, head stays always in direction of progression.

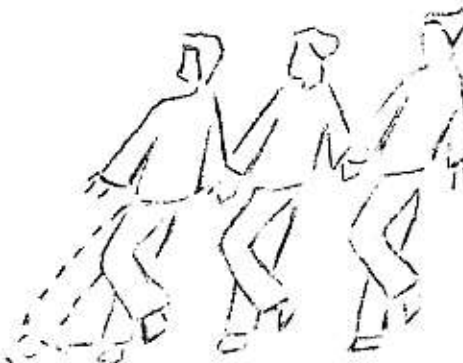


Part V:

- 1-2 Stamp R to R (taking wide step), hold (release hands)
- 3-4 Stamp L to L making $\frac{1}{2}$ turn to R - hold
- 5 R crosses behind L
- 6 L to L side
- 7 Hop on L
- 8 Stamp R crossed behind L using ball of foot
- 9-16 Reverse 1-8, starting with L
- 17-32 Repeat 1-16

continued..

Formation: Line face CCW - hands joined down



Part VI:

1-2	Stamp R & hold
3-4	Brush L fwd - leap on L fwd
5-6	Stamp R (with ball of foot) back and hold
7-8	Close with L and hold
9-10	Stamp R and hold
11-12	Brush L and hop on R
13-14	L fwd - R bkwd
15-16	Close L to R and hold
17-24	Like 1-12