

Emkino

This is a male-female dance from the region of Pchinja, South-East Serbia. EMKINO dance has one figure, symmetrically performed 4 measures to the right, 4 measures to the left. The metre is 2/4.

Starting position:

The dancers stand in a semi-circle facing the center. W hold with bent elbows.

TO THE RIGHT:**First measure:**

At "one" - facing R, jump on both feet to the R

At "two" - hop on R-foot to R

Second measure:

At "one" - step on L-foot to R

At "two" - hop on R-foot to R

Third measure:

At "one" - step on R-foot to the R; Step on L foot forward across and in front of R while facing center

At "two" - step on R-foot in place

Fourth measure:

At "one" - step on L-foot to L; Cross step with R-foot forward to L

At "two" - step on L-foot in place

Repeat above figure in opposite direction with opposite footwork.

Note: The jump in the first figure could be with 360° turning (pivot on the R-foot, when the movement is to the right, or respectively on the L-foot, when the movement is to the left)