EMPRESS ONE-STEP

By A. J. Latimer, 1912

Take Right Side (Yale or Banjo) Position, man facing forward toward LOD.

- Back the lady for 6 brisk walking steps (man beg. L), traveling LOD toward center of hall.
- Remaining in Right Side Position, half-turn CCW with 2 steps (both walking backward).
- Back the man for 6 steps, traveling LOD back to the outside of the hall.
- Remaining in Right Side Position, half-turn CW with 2 steps (both walking forward).
- Remaining in R Side Pos, back the lady 2 steps, traveling LOD, then Polka Skip (a fast step-close-step, or step-cut-step, in QQS timing, traveling LOD).
- Commencing on the second feet (his R, her L), repeat these 2 measures, backing the lady.
- 4 Taking Waltz Position, turn partners with 4 rotary Two-Steps, traveling LOD.

Note: By coincidence, this is almost identical to the Peabody, as done in New York City in the 1920s