

Contra Dances

Figure Eight (Old Time)

1,3,5, ETC. CROSSOVER &

ACTIVE Counts

- 8 Actives cross inside below the second couple, up the outside
- 8 Cross over inside below the second couple, up the outside
- 8 Inactives cross inside up above the first couple, down the outside
- 8 Cross over inside up above the first couple, down the outside
- 8 Actives down the center
- 8 Same way back, cast off
- 8 R and L thru
- 8 R and L thru, back to place