Napoleon

(Denmark)

Formation:

Couples around the ring, facing partners, with M's back to center of circle. Hands on hips when they are free.

Part I

Join two hands with partner and extend them to sides at shoulder level.

Move to M's L and to W's R with a schottische step. (M does: L, R, L hop on L. Lady does: R, L, R, hop on R. bring knee high up on the hop.)

Repeat above in opposite direction to M's R, W's L, starting on opposite feet.

Clap own hands. Clap R hands with partner.
Clap own hands. Clap L hands with partner.
Clap own hands. Clap both hands with partner.
Clap own hands.

Repeat all of Part I.

Part II.

Stand side by side with partner with inside hands joined, free hands on hips and move forward with 4 step-hops, the M starting on L foot, and W on R foot.

Take shoulder-waist position and turn CW while moving around the circle CCW with 4 step-hops.

Take II from the beginning.

Note:

The dance can be made into a mixer by having the men move forward each time to a new lady. Incidentally you might like to know that in many European countries it was a custom to name dances after famous cities, places, events or people. Thus this dance was named after Napoleon. For example, the French Reel is not a French dance, but Danish, as is Old Berlin.