

# EL NARANJO

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Taught by Nelda Drury

Dance from Northern Mexico

Record: L.P. Eco #207 (Polkas Alegres) Peerless 6091 (45)

Formation: Couples in a circle, facing L.O.D. holding crossed hands behind back.

Chorus: Cue words: Step, brush, hop; step, brush, hop; step, brush, hop; run, run, run. Thus: Step on left foot, brush right foot diagonally across in front of left. Hop on left foot. Repeat starting with the right foot, repeat starting with left foot. Lean slightly forward, and do 3 running steps forward, starting with the right foot. REPEAT CHORUS BETWEEN EACH STEP.

- Step 1. Face partner, do 2 pas-de-Basque steps forward, and six broken ankle steps back (away from partner) Thus: Leap onto left foot slightly forward; step on right heel slightly forward; step on left foot (close to right foot.) (It does not really matter on which foot you start the Pas-de-Basque). Repeat. Then travel backwards, away from partner, with 6 "broken ankle" steps. Thus: Step on left foot, and turn right ankle out, to the side.
- Step 2. "Bounce, Toe, Toe". Bounce on both feet; tap right toe behind left foot 2 times, while hopping on the left foot. (Turn head & body slightly to the right.) Repeat, tapping left toe. Do 16 of these steps.
- Step 3. "Toe, Heel, Cross". Tap right toe at side (toe in, heel out); tap right heel at side (heel in, toe out); cross right toe in front of left foot. Hop on left while doing the above "Toe, Heel, Cross". Repeat, starting with left foot. Do this step 8 times.
- Step 4. "Borrachito" or "Atole" step, and "Broken Ankle" step. Thus:  
A. Travel forward with the following: "fall" forward onto right foot; step on left foot, step on right foot. Repeat starting with left foot.  
B. Do 6 broken ankle steps backward (away from partner).  
REPEAT, Starting with right foot each time. Do 4 times.
- Step 5. "Toe-heel-Cross and Rock, Rock, Rock".  
Do a "Toe-heel-Cross" as in step 3; then place weight on right foot, as you pick up left heel, keeping toe down. (Keep ankles close together). Change weight to left, as you pick up right heel. Change weight to right, pick up left heel.  
REPEAT 6 more times.
- End with 2 stamps: Left, Right.