

Narodno Horo

(Bulgaria)

Source: Dance from northern Bulgaria, learned from Marcus Moskoff.

Rhythm: 2/4.

Formation: Lines, hands joined with arms up in "W" position.

Pattern

- 1 Facing LOD and traveling diag fwd R, step fwd on R ft (ct 1), step fwd on L ft (ct 2).
- 2 Step fwd on R ft (ct 1), step fwd on L ft (ct &), step fwd on R ft (ct 2).
- 3 Turning to face RLOD and travelling diag bkwd to R, step bkwd on L ft (ct 1), step bkwd on R ft (ct 2).
- 4 Step bkwd on L ft (ct 1), step bkwd on R ft (ct &), step bkwd on L ft (ct 2).
- 5 Facing ctr step on R ft to R (ct 1), stamp L ft next to R ft (ct &), step on L ft to L (ct 2), stamp R ft next to L ft (ct &).
- 6 Step on R ft to R (ct 1), step on L ft in front of R (ct &), step on R ft in place (ct 2), stamp with L heel next to R (ct &).
- 7 Leap onto L ft twds ctr, kicking R ft fwd (ct 1), leap onto R ft crossing in front of L (ct 2).
- 8 Step on L ft diag back to L (ct 1), step on R ft next to L (ct &), step back on L ft (ct 2).

*Simple Version: "W" HANDHOLD - LONG INTRO.*

1-4

*STARTING WITH R, WALK IN LOD 4 STEPS*

5-8

*STEP R (face center) swing L, STEP L swing R*

*Note: IF leader waves kerchief during 5-8,  
then on next 1-4, do two 2-step turns  
to the four counts, followed by 5-8 as above.*