

NARODNO ORO

Macedonian folk dance

Formation: open circle; hands held up in W position

Rhythm: 4/4 meter Tempo: moderate

Note: for each figure, count to 8; begin with the basic figure; the leader will do a variation once while the rest of the dancers do the basic figure; the leader will repeat the variation and the dancers will then do the variation once; go back to the basic figure; the leader always does the variations twice and the dancers always do the variations once; the dance always continues in LOD.

Basic Figure

Face LOD. Walk R L R L, step R, lift L ft slightly in front, step L, lift R ft slightly in front

Variation #1

Face LOD. Turn CW while stepping R L R L making 2 complete turns and continuing to travel LOD. Step R, lift L ft in front, step L, lift R ft in front.

Variation #2

Face LOD. Turn CW while stepping R L making 1 complete turn. Continue walking R L, step R, lift L ft in front, step L, lift R ft in front.

Variation #3

Face LOD. Walk R L. Turn CW while stepping R L making 1 complete turn. Step R, lift L ft in front, step L, lift R ft in front.

Variation #4

Face LOD. Turn CW 1/2 turn while stepping R L. Turn CCW 1 and 1/2 turns while stepping R L and continuing in LOD. Step R, lift L ft in front, step L, lift R ft in front.

Note: the leader does whatever variations he wants and the dancers do the variation the second time he does it.

Abbreviations: R = right, L = left, LOD = line of dance, to the right, CW = clockwise, CCW = counterclockwise, ft = foot

Presented at the 1994 Camellia Folk Dance Festival, Sacramento, by Barbara Bevan.