



NARODNO ORO

Macedonian Line Dance

METER: 4/4

FORMATION: Hands held at shoulder level

Measure 1 (facing R) "step-together-steps"

- 1 - step R forward
- & - step L together
- 2 - step R forward
- 3 & 4 - Repeat 1 & 2 starting on L

Measure 2 (facing center) "side-behind-side-lift"

- 1 - step R to side
- 2 - step L behind
- 3 - step R to side
- 4 - lift L

Measure 3 - Same as measure 2 in opposite direction with opposite foot.

Presented by Michael Ginsburg at Maine Folk Dance Camp 1986

