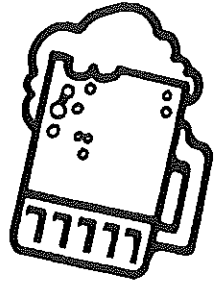


NATANGER POLKA

Königsberg-East Prussia



Suggested music: Tänze aus Ostpreussen Ka 75102 Tanz

Steps: Hop-steps, walking and Polka steps

Meter: 2/4

Formation: Couples around circle. Men have back to center. Women face men. Both hands joined.

Fig. I: 1-4 Stepping on outside feet, men's left and women's right, hop and swing free foot across the other. Repeat in reverse.

In ballroom position, dance two turning Polka steps in LOD.

Repeat this figure three more times.

Fig. II 5-16 Couple stands side by side, inside hands joined. Beginning on outside feet, walk 2 steps forward, make 1/2 turn toward each other and walk 2 steps backwards. Repeat that pattern in RLOD

In ballroom position, dance 4 turning Polka steps.

Repeat this figure.

Fig. III 17-20 Partners face and give both hands. Stepping on outside feet, hop and swing inside feet across outside feet, and reverse. Without releasing handhold, walk into each other's places in a CW direction with 4 steps. Repeat this with same footwork back to place.

Dance 8 turning Polka steps moving CCW around the ring.

Dance transmitted by Hermann Treike Königsberg, East-Prussia during the 1930's. Also see: 'Tanzkreis I and II'

Hermann Huffziger, 1930/33

