

NEDA VODA (Bulgaria)

TRANSLATION: This dance is named after the song to which it is performed:
"Neda Voda Nalivala" (Neda drew water).
Also referred to as "Nedino Horo" (Neda's dance)

BACKGROUND: This dance was originally done by the Moslem women of the village of Belica, Pirin, region of Bulgarian Macedonia. It belongs to the category, "Cardak" dances, so named because they are usually performed on the "cadaci". These are veranda - like balconies that encircle the typical local house. "Cardak" dances are always single in their movements and restricted in the space they cover. They are often done to a song and on or after "sedenki" (working bee - occasions).

This version was learned by Jaap Leegwater in Pirin, Bulgaria, in the fall of 1975.

MUSIC: Record; "Folk Dances from Bulgaria" - Volume 2
Balkanton BHA 11134 Side A, band 7

STYLE: Feminine, Macedonian.
High and bouncy by bending and straightening the knees while stepping.
Danced on the balls of the feet.

FORMATION: Open circle. Hands joined in W-position.

METER: 11/8 

INTRODUCTION: 2 measures

<u>Meas.</u>	<u>PATTERN</u>	<u>PART 1</u>
	Facing center, moving s ^d wd R.	
	Raise slightly R hip moving R leg in a little arch close to the floor s ^d wd R (ct "&")	
1	Step on R ft s ^d wd R (ct 1) Step on L ft in front of R ft (ct 2) Step on R ft s ^d wd R (ct 3). Step on L ft behind R ft (ct 4) Step on R ft s ^d wd R (ct 5) Raise slightly L hip moving R leg in a little arch close to the floor s ^d wd L (ct "&")	
2	Repeat action of meas 1, reversing ftwk and direction	
3-4	Repeat action of meas 2, changing the last ct "and" into a "hold".	

(continued)

NEDA VODA (continued)

PART 2

- 1 Facing center, raise and move R ft towards L shinbone,
bending body slightly at waist. (ct 1).
3 bouncy steps straight fwd toward center, straightening up on
first step (cts 2-4)
Step on L ft in front of R ft (ct 5)
Step back on R ft in place (ct "&")
- 2 Repeat action of cts 1-4 of meas 1, reversing ftwk and direction.
Step on R ft in place (ct 5).
Step on L ft in place (ct "&")
- 3-4 Repeat action of meas 1-2

PART 3

- 1 Facing center moving sdwd R
Small step on R ft sdwd R (ct 1)
Small step on L ft next to R ft (ct "&")
Repeat action of ct 1-&, three more times (ct 2-4)
Small leap onto R ft in place (ct 5).
Stamp L heel next to R toes (ct "&")
- 2 Repeat action of meas 1, reversing ftwk and direction.
- 3-4 Repeat action of meas 1-2

PART 4

- 1 Facing center, dancing in place
4 hops on L ft, slightly raising R knee in front (cts 1-4)
Step on R ft in place (ct 5).
Step on L ft in front of R ft (ct &)
Step on R ft in place (ct "eh")
- 2 Repeat action of meas 1, reversing ftwk
- 3-4 Repeat action of meas 1-2

PART 5

- 1 Repeat action of meas 1 of Part 4, now doing 1/4 CW turn in place on every hop
- 2 Repeat action of meas 1 reversing ftwk and direction
- 3-4 Repeat meas 1-2