

NESTINARSKO HORO
(Bulgaria)

Source: This dance is from the village of Bulgari, Strandja Mountains,
in Thrace, Bulgaria.

Pronunciation: nes-tee-NAR-sko ho-RO.

Record: Balkan Arts MK-6G, Side A, Band 1. New pressing: BAEU-1,
Side B, Band 1. 2/4 Meter.

Formation: Mixed line, "W" hand hold.

Meas Cts

Pattern

INTRODUCTION - Long tupan (drum) introduction, followed by 2 chords
on gaida (bagpipe). Dance begins with following drum beats.
During the dance the leader may serpentine the line.

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| 1 | 1 | Moving fwd on the R diag, facing slightly R of ctr, step R ft fwd. |
| | 2 | Continuing in the same direction, step fwd L ft. |
| 2 | 1 | Continue on R diag, step fwd R ft. |
| | & | Step fwd L ft. |
| | 2 | Step fwd R ft, turning slightly to face ctr. |
| 3 | 1 | Backing out from the ctr: step bkwd L ft. |
| | & | Step bkwd R ft. |
| | 2 | Step bkwd L ft. |