



DANCE SELECTION

NEVESTINSKO HORO

(Macedonia)

(NOTE: This charming dance was taught by Michel Cartier, from Montreal, at the Stockton Camp — and elsewhere — about a dozen years ago. VFB)

Pronunciation: Nay-ves-tinsko Ho-ro
Source: Learned from native in Bulgaria by Michel Cartier
Record: Folk Dancer MH 3050, or on LP MH 1
Formation: Open circle of W, Hs held fwd, head height, arms gently curved.
Note: This dance is reserved for the newly wed women of the village. Because of their new social position they are not allowed to dance or even look at other men, so they have their own horo. It is very solemn and slow. Because the costumes are thick and heavy only feet and knees move. Leaders carried handkerchiefs. It is an old dance from Debar.
Rhythm: The 7/8 rhythm is most easily broken down into a “slow-quick-quick” pattern. There are 10 measures in the melody.

Meas.	Ct.	Pattern (Done to singing)
1	1	Move RF in a small arc fwd to R
	2	Place RF on ground to R, but don't put wt on it yet
	3	Put wt on RF
2	1	Continuing to R, bring LF fwd in air
	2	Continuing to R, place LF on ground, but don't put wt on
	3	Put wt on LF
3		Same as meas. 1
		Step onto LF in front of
4	1	Step onto LF in front of RF, raising RF a bit in a back
	2	Slow lift in this pos, and come down again
	3	Slow lift in this pos, and come down again
5	1	Step back on RF, leaving LF extended slightly fwd
	2	Slow lift in this pos, and come down again
	3	Slow lift in this pos, and come down again.
6	1	Step LF in back of R heel, moving bkwd
	2	Step RF in back of L heel, moving bkwd

	3	Pause
7	1	Feet together, raise on toes and come down on both heels
	2	Pause
	3	Pause
8		Repeat movement of meas. 7
9	1	Step onto RF across in front of LF
	2	Slow lift and come down again
	3	Step onto LF in its pos
10	1	Step R on RF
	2	Slight lift on RF and come down again
	3	Step on LF across in front of RF
DURING THE INSTRUMENTAL INTERLUDE		
1-10	1	Dancers face directly to R, move in this direction
	2	with walking steps, one per beat (i.e., three per measure): RLR LRL RLR LRL RLR
	3	LRL RLR

Renew VILTIS Promptly When Due