

NEVESTINSKO

Macedonia

This dance was originally learned by Michael Ginsburg from Dick Crum in the 60's, and then from Pece Atanasovski. This form of the dance is from Pece. It is known as a brides dance or can be done by anyone of marriageable age. "Presten mi panda" is the title of the song.

Background by Michel Cartier from Stockton Folk Dance Camp 1960, and it states that this is an old dance, and is reserved for the newly-wed women of the village (in his case the village of Debar). Because of their new social position they are not allowed to dance or even look at other men, so they have their own horo. It is a very slow and solemn dance. Because costumes are heavy only feet and knees move. Leaders carry kerchiefs.

PRONUNCIATION: neh-vah-STEEN-skoh

MUSIC: Balkan Beauties (tape) by Michael Ginsburg. "Prsten me padna, side 2/2;  
Record: MH 3050 (78):  
MH #1, (LP)

FORMATION: Line dance for women with hands joined at head ht or above

RHYTHM: 7/8 counted slow, quick, slow. The dance has a down-up-down feeling throughout dance

METER: 7/8

PATTERN

Meas.

INTRODUCTION: 11 meas, beg with singing

DANCE: Vocal part of dance

- 1 Facing diag R and moving in LOD, rise on ball of L ft (ct &), step R fwd with plie (ct 1); step L beside R on ball of ft (ct &), step R fwd with plie (ct 2)
- 2 Repeat meas 1, beg with L ft.
- 3 Rise on ball of L ft (ct &); step R fwd with plie (ct 1); rise on ball of R ft (ct &); step L fwd with plie (ct 2).
- 4 Rise on ball of L ft (ct &); turning to face ctr, step R to R with plie (ct 1); step L beside R on ball of ft (ct &); step R in place with plie (ct 2).
- 5 Rise on ball of R ft (ct &); step R fwd with plie (ct 1); step R beside L on ball of ft (ct &); step L in place with plie (ct 2).
- 6-8 Repeat meas 3,4,5. (RL LOD; RLR in pl face ctr; L fwd, RL in pl)

- 9 Facing ctr. lift on ball of L ft (ct &): step R bkwd with plie (ct 1); step L beside R on ball of ft (ct &): step R in place with plie (ct 2).
- 10-11 Facing diag L. do grapevine to L: step L to L with plie (ct 1); step R across L (ct 2). Face ctr. step L to L (ct 1): facing diag R. step R bkwd (ct 2).  
Note: Before each step rise onto ball of supporting ft.
- 12 Step L to L side with plie (ct 1); step R beside L on ball of L ft (ct &), small step fwd on L with plie (ct 2).  
Note: before each step rise onto ball of supporting ft.

INSTRUMENTAL BREAK

Moving in LOD. do a series of 1.2.3's (R-L-R. L-R-L ) until beg of vocal section.

Note: RLR is a step-close-step or flat-ball-flat style of step. repeat with opp ftwk.

Presented by Michael Ginsburg  
Idyllwild Folk Dance Camp, 1992

Rev. by dd, 7-92