

## NIGHT CHANT DANCE - Navajo Indians SNAKE DANCE - Flathead Indians

**Starting Position:** Dancers in two lines facing each other, ten feet apart.  
**Music:** 2/4 steady drum beat with emphasis on the one count (imitating our own heartbeat).

**Basic Step:** Ct. 1, step on R ft. (body sways slightly to R).  
Ct. 2, step on L ft. (body sways slightly to L).

1. 16 cts. in place (R, L, R, L etc.)
2. 4 cts. slowly bending fwd. to the floor.  
1 ct. quickly coming to standing position.  
3 cts. in place.  
  
Repeat #2
3. 8 cts. slowly moving fwd. Stay in line form and integrate with other line.
4. 8 cts. - turn to face front and dance eight steps fwd.
5. 8 cts. - turn to rear and dance eight steps back to original position.
6. 8 cts. - turn to face original position, dance eight steps forward and turn back to face the other line again. This is your original starting position.
7. Repeat #1-#4.
8. Now follow the leader of the line around into a spiral, winding up the "Snake" into a tight formation. They can then turn around and lead the dancers back out of the "coil" to form a large line again, or to form a circle. This can then be repeated, or the leader may wish to take the line in any direction he or she wishes. (This portion can be performed holding hands.)