

**WIZÁMIKOS**

**FORMATION:** Open or broken circle, or line, of men, no partners, leader at right end.  
**STARTING POSITION:** "A" position: Hands joined (right holding neighbor's left) at head level. Right foot free.



**MEASURE**

- 1 **CROSS AND STEP** on RIGHT foot in FRONT of left, turning to face slightly left (count 1). Turning to face center. **CROSS AND ROCK** on ball of LEFT foot in BACK of right (count 2), **ROCK SIDEWARD RIGHT** on right foot (count and).
- 2 **CROSS AND ROCK** on LEFT foot in BACK of right (count 1), **STEP SIDEWARD RIGHT** on right foot (count 2).
- 3 **HOP** lightly on RIGHT foot IN PLACE (count 1), **STEP FORWARD** on LEFT foot (count and), **ROCK BACKWARD** on RIGHT foot (count 2).
- 4 **HOP** on RIGHT foot IN PLACE, bending left knee and raising left foot (count 1), **STEP BACKWARD** on LEFT foot (count 2).