

# NONESUCH

Lighted Lantern Folk Dance Camp

## ENGLISH DANCE

Nonesuch

Columbia Wa 10102  
E F D S S PR EP 318  
(45)

DB 2240 (very beautiful  
old 78 record, if obtainable)

4 couples

1. Up a double and back; repeat this.
2. Set and turn single; repeat this. (A set is really a pas di bas right and left. In turning single always remember to turn to your right individually in place.)
3. 1st couple come together 2 steps, then slide down between the lines 2 steps. Then, the first man, turning to his right 4 steps, backs the second man out diagonally 4 steps, while the 1st woman, turning left, is doing the same thing with the 2nd woman. Taking inside hands they come directly forward towards each other in the line; then they back away from each other 4 steps, come together 4 steps, and turn their partner with a 2 hand turn; during this figure they have automatically progressed down the line one place; they continue the same figure with the other couples until they have reached the bottom and come back up to the 3rd place; meanwhile each couple reaching the top does the same thing when there is a couple below them to dance with (except the 4th couple, who, when they reach the top, remain there, not progressing.) There is now a new head couple (the original #4 couple) and they will continue to be head couple for the rest of the dance.
4. Everyone sides, (remember in siding, to cross left shoulders, never taking eyes off your partner, and to return by the right shoulder.) In this particular dance, after you first cross over, turn single before coming back and after coming back turn single again.
5. 1st man, facing down, jumps into the center, then 1st woman jumps in facing up; then 2nd man follows, and so on, until everyone is in a single line, partners facing each other. Partners do a right elbow 8 counts, then a left elbow. Then everyone slides left 4 counts, slides right 8 counts, and then left 4 counts bringing them back into a single line. Then the 1st man jumps out, the 1st woman, etc., until everyone is in two lines again.
6. Circular progressive hey. Everyone faces up, the men following the men, and the women following the women. The head couple give R hands to begin this, and then it becomes a grand right and left, everyone gradually being brought into it. When the head couple reaches the top of the set again, they stop. Meanwhile the others continue until the music stops.

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*Peter Scales*  
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