

NBRIU MIEGO
(Lithuanian)

RECORD: P

RHYTHM: 2/4

FORMATION: Sets of two couples - woman to man's right. Women with hands on hips,
men with arms folded in front.

DANCE: Spring with rt. foot to centre of square ct. #1 - pause for
balance of measure. Repeat with left foot. Repeat, rt., left,
rt., - pause in two more measures.
Clap hands twice - (1 & 2 &) Form right hand star and take
six steps (three measures) walking in circle. Repeat clapping
and reverse with left hand star.