

NORIU MIEGO

(noh-rew myeh-goh)

(Dance for 4 people)

Translation: I want to sleep.

Record: Folkraft LP-35 (side B band 8) — 1:47.

Formation: Groups of 4 people, no partners, scattered anywhere.

Starting Position: Hands on own hips. Right foot free.



Music 2/4

Measure

- | | | |
|------|--|--|
| 1 | | A small LEAP onto right foot in place and touch left heel forward (count 1),
pause (count 2). |
| 2 | | A small LEAP onto left foot in place and touch right heel forward (count 1),
pause (count 2). |
| 3-4 | | REPEAT measures 1-2 four times (i. e., twice as fast, no pause). |
| 5 | | CLAP own hands twice (measure 1-2). |
| 6 | | STAMP three times in place (counts 1-and-2). |
| 7-8 | | Right hand STAR with four SKIPS. |
| 9-12 | | REPEAT measures 5-8 except with left hand STAR. |

STAR: Designated persons put designated hands in center and move forward around that center (revolve clockwise for right hand star, counterclockwise for left hand star); in Lithuanian dances just shake hands with opposite in the star. Also known as a MILL.

Note: This is one of the oldest Lithuanian dances. The song words tell about a young man who wants to sleep but is kept awake by the sweet voice of a maiden in the flower garden. Lithuanian orchestras often change the dance tempo suddenly, at almost any point in the playing.