

And now a simplified form of the old traditional dance, as it is done today by German and Austrian recreational folk dance groups. In the summer of 1956 we have done it at the Jugendleiterschule (Youth Leaders' school) Buendheim, Bad Harzburg under the leadership of Dr. Horak.

NEUES MUEHLRAD (New Mill Wheel)

FORMATION: E I G H T (or four) couples in a circle

MEASURES

- 1-8 Couples, inner hands joined, facing LOD, M on inside, promenade (16 steps) in circle. During the last four steps join both hands with partner, MEN ON OUTSIDE, WOMEN ON INSIDE OF CIRCLE stretch arms to the side and join with neighboring couples, and C I R C L E CCW. Then release hands of partners, Women join hands and M join hands .
- 1-8 rep. join hands and M join hands .
- 9-16 MOVE IN TWO CONCENTRIC CIRCLES, W CW, MCCW  
If only four couples are dancing, pass partners the first time, when eight couples are dancing return to facing partners
- 9-16 (repetition) Give right hands to partner for a GRAND RIGHT AND LEFT  
In four-couple circle, pass partner once, in eight couple circle meet partner first time, then
- 17-24 MEN'S LEFT HAND STAR OR MILL M join left hands in mill formation, join right hands with W's left, she turns CW under lifted hands  
NOTE: steps are s m a l l and turns slow, no pivots. On last four steps W move backwd with a CW turn to the inside and form a
- 17-24(repetition)WOMEN'S RIGHT HAND STAR OR MILL change to hip-shoulder position - open - as the star moves CW. With last four steps W relase right hand star. The couples make a CW turn, face into LOD, M moves forward to the next W and the dance begins again with the promenade , inner hands joined, moving in LOD .

THERE IS ENOUGH MUSIC ON THE RECORDING FOR T H R E E TIMES THROUGH THE DANCE AND A PROMENADE TO SEATS (Meas. 1-8 with repetition)

STUDENTENPOLKA ( student polka) also on record: T 71653

below description as danced at the Jugendleiterschule Buendheim . THREESOMES, ONE M AND TWO WOMEN, FACING LOD

- 1-8 3/4 time Inner hands are joined, move forward in LOD with small step-swings (dale-steps) all starting on left foot
- 9-16 M keeps moving forward as W turn (toward M, right W CCW, left W CW) one turn with two Laendler steps)
- 1-8 2/4 time with four small running steps right W moves thru the door formed by M and left W, then left W moves thru the door formed by M and right W. R E P E A T ABOVE.
- 9-16 M hooks right elbow with right W, turns and then left elbow hook with left W, four running steps each. "Lone" W turns by herself, in the same direction as when turning with M  
REPEAT ABOVE.

START THE DANCE FROM THE BEGINNING.

Dance form as described on record and in Dr. K. Horak's book.

- 1-16 3/4 time; step-swings , starting on l. foot, moving in LOD
- 1-16 2/4 time: hook right elbows with right dancer, then left elbows with left dancer, as "lone" W turns in place, as described in 9-16 but f o u r t i m e s .  
above