FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE; Omega Andreola and Mildred Coburn

# RADOMIRSKO HORO

(Bulgaria)

Radomirsko Horo (rah-dah-MEER-skoh hoh-ROH) was introduced by Yves Moreau at the University of the Pacific Folk Dance Camp in 1970. This Sop dance comes from the small town of Radomir, in Kjustendil District, Western Bulgaria. It was taught to Yves Moreau by Peter Grigorov, leader of an amateur folk dance group in Sofia, Bulgaria.

MUSIC:

Record: Balkanton BHA 734, Side 1, Band 4

FORMATION:

Short lines, mixed or segregated to allow men more freedom of movement. Belt hold, L hand over, R hand under. If no belts, hands joined down at sides.

STEPS AND STYLING: Walk\*, Hop (more of a "lift" instead of a definite hop)\*, Leap\*, Jump\*

Hop-step step: (moving LOD) Face diag CCW (LOD), wt on L. Lift on L (ct 1),

step fwd R (ct &), step fwd L (ct 2).

Hop-step step in Grapevine: Face ctr of circle, move sdwd in RLOD; wt on R, lift on R (ct 1), step sdwd L to L (ct &), step R across in front of L (ct 2). Lift on R (ct 1), step L to L (ct &), step R in back of L (ct 2). NOTE: Accent step across in front and in back by bending knees a little.

Step-bounce bounce: Step fwd R (ct 1), bounce once on R touching ball of L ft next to R (ct 2), bounce again on R lifting L knee up in front in preparation for next step (ct &). Step bkwd on L (ct 1), bounce once on L touching ball of R ft next to L (ct 2), bounce again on L lifting R ft sharply (ct &).

The steps used in Sop dances are light, quick and springy. They are executed sharply with much knee flexing. M style is strong and energetic; W dance in a more restrained manner. The body is erect, the carriage proud.

\*Described in Volumes of FOLK DANCES FROM NEAR AND FAR, published by the Folk Dance Federation of California, Inc., 1095 Market St., San Francisco, CA 94103

MUSIC 2/4

### PATTERN

## Measures

1

4

#### No Introduction

#### I. STEP PATTERN ONE

- Dance one Hop-step step fwd in LOD (CCW).
- Step fwd R (ct 1), step fwd L (ct 2).
- 3 Hop L, touching R heel diag fwd (ct 1), hop L, raise R ft across L instep for W, M raise R across L shin, knee turned out (ct 2).
- 4 Repeat action of meas 1 (Hop-step step)
- Jump on both ft, turning to face ctr (ct 1), hop R, raise L ft across R instep (shin for M) knee turned out (ct 2).
- 6-7 Dance Hop-step step in Grapevine sdwd in RLOD.
- 8 Close L to R, bounce 3 times on heels (cts 1 & 2).
- 9-16 Repeat action of meas 1-8.

#### II. STEP PATTERN TWO

- 1-2 Still facing ctr. dance step-bounce bounce fwd and bkwd.
- 3 Repeat action of meas 1 (Fig II).
  - Repeat action of meas 2 (Fig II), except on ct &, raise R knee across L leg, heel turned out.
- In place, leap onto R, raise bent L knee across R leg and twist body to R (ct 1). Leap onto L; raise bent R knee across L leg and twist body to L (ct 2).
- 6 Leap onto R, raise bent L knee across R leg and twist body to R (ct 1). Leap (small)
- fwd twd ctr on L (ct 2).
  7 Hop L, swing R ft, knee straight, sharply fwd about knee height (ct 1).
- Take a longer leap fwd onto R (ct 2).

  8 Close L to R bounce three times on heels (cts 1 & 2).
- 9-16 Repeat action of meas 1-8 (Fig II).

Repeat dance from beginning.