

Rajko

macdonian

History

This is a Rom dance from Macedonia, which I learnt from Laura Shannon.

Rhythm

The dance rhythm is 7/8 which in this dance is split into 3-4 so the second of each pair of steps is longer than the first. LISTEN TO THE DRUM!

Steps

Start in a circle, arms in a W hold, facing right.

Lift the right foot, then step forward on it, lift the left, then step forward on it. Turning to face centre lift the right foot, then step to the side, cross in front with the left, then replace the right. Repeat the facing centre part with reversed feet, starting with lifting the left.

Once you have found the rhythm start at the beginning of any musical phrase.

Music

Rajko from **Macedonia Dances** by **Marem Aliev**
Shaneno from **Macedonian Folk Music** by **Tsrvena Kniga**

Dance description by Andy Bettis 2/2003