

The Rakes of Mallow

(Ireland)

- Source:** Ceilis arranged by one Father Lorcan o Muireadhaigh for ceilis at the Irish College, Omeath, in the 1960s.
- Music:** Reels (40-bar single reels recommended). Perfect fits include "The Foxhunters," "Glen Road to Carrick," "The Graf Spee," "Bucks of Oranmore."
- Cassette:** Patrick Street, "All in Good Time #1125" 2/4 meter
- Formation:** Lines of three, a M with two W to his R (WWM), three facing three longways or around the hall (spokes of a wheel).
- Steps and Styling:**
 Arm-Around Swing: facing opp, place R hand on opp L waist; L hands come outside and under R arms to join at waist level. Buzz step.
 Thumb Hold: Join designated hands with opp, palm to palm, thumbs hooked together, fingers wrapping around base of opp thumb. Turn wrist to bring palm to face own chest. Give weight.

Meas

Pattern

INTRODUCTION

PATTERN

- 1-8 Advance and Retire twice.
- 1-8 M swing opposite W with Arm-Around Swing.
- 1-8 M swing R-hand W.
- 1-8 Two M turn R with thumb hold and dance around CW, turn and give L hands with thumb hold to dance CCW; M finish by backing between their ptrs, the two W of the trio.
- 1-8 Taking hands in a ring of three, dance around CW, rings of three swinging out and around each other CCW to exchange places, in new pos, trio does a full CW turn; M lets go of the L hand to reform the line of three to face a new line (the two W have changed places).

Repeat dance from beginning until music ends.

Presented by Danny and Joan Hathaway