

RAKSI JAAK

An Estonian Dance, as taught by the Hermans at Folk Dance House in New York.

RECORD: Folk Dancer MH 3007

FORMATION: Sets of threes, one man and two girls or vice versa, or 3 ladies or 3 men.
Stand side by side inside hands joined, free hands at side.

CHORUS: Step to the left on the left foot, bring right foot to it
Step to the right on the right foot, bring l foot to it
Repeat above
Walk fwd. three steps L,R,L and kick r. foot fwd (Straight leg)
Walk bckwd. four steps, R,L,R,L

FIGURE I: With four polka steps the two ends move at the same time - right hand over, left hand under when crossing in front of center person, in back of the center person the right hand goes under, left hand over. Center does polka steps in place. Use Estonian (polish style) polka steps.
REPEAT FIGURE I

CHORUS: AS ABOVE

FIGURE II: With last two counts of chorus ends move to stand shoulder to shoulder facing center person, lock hands, pull away from each other. Take four polka steps, ends moving backward, the center fwd; then center moves bckwd. as the ends turn under as the move along with the center - four polka steps.

CHORUS: AS ABOVE

FIGURE III: During last 2 counts the ends "tuck in" by T U R N I N G T O W A R D the center, leaving Arms low. All face fwd. again The right person has left arm in front of stomach, the left person the right hand. The center has his arms around the waists of ends.
In this position do four polka steps fwd. two polka steps bckwd and unwind with another two polka steps. (Do not release hands during this figure.)