

RANO E RADKA RANILA

Рано е Радка ранила

(Trakia-Bulgaria)

A well-known "dance-song" related to *Pravo Horo* from the region of Stara Zagora. Observed at the *Trakia Pee* Festival, Haskovo, 1966.

Music: Yves Moreau CD
Rhythm: 2/4
Formation: Open mixed circle. Face ctr, wt on L ft. Hands joined down at sides
Style: "Earthy" style, Flat-footed steps. Slight knee bend.

Meter: 2/4

Pattern

- 1-16 Introduction. No action. (Instrumental)
- Figure 1: Move R & L (Singing)**
- 1 Step on R to R (1) step on L behind R (2)
2 Step on R to R (1) light hop on R, raising L knee (2)
3-4 Repeat pattern of meas 1-2, with reverse dir. & ftwrk
5 Step onto R twd ctr (1) light hop on R, extending L leg fwd
6 Step fwd on L (1) light hop on L, simultaneously bringing R ft behind L knee (2)
7 Step back onto R ft (1) step back onto L ft (2)
8 Step onto R in place (1) light hop on R ft (2)
9 Step slightly fwd onto L (1) pause (2)
10 Close R ft sharply to L ft (1) pause (2)
11-30 Repeat pattern of meas 1-10, two more times
- Figure 2: Travelling (Instrumental)**
- 1 Facing LOD, step fwd onto R (1) hop on R (2)
2 Still moving LOD, step fwd on L (1) hop on L (2)
3 Facing ctr, do a light "three-step" (RLR) sideways R
4 Repeat pattern of meas 3 in with opp dir & ftwrk
5-7 Repeat pattern of meas 1-3
8 Facing ctr, step onto L ft, bending upper body slightly fwd (1)
Light stamp with R next to L, no wt (2)
9-16 Repeat pattern of meas 1-8

Repeat dance from beginning

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