

LA RASPA
(Mexican Couple Dance)

F 1457x45

STARTING POSITION: Partners facing. Arms extended forward at shoulder height, both hands joined with partner.

Note: La Raspa means "the rasp" or "the file". The characteristic step of the dance is the shuffling "La Raspa" step.

MEASURES

I--"La Raspa" Step

Music A

- 1 HOP on LEFT FOOT and SLIDE RIGHT FOOT FORWARD, thrusting right arm forward and pulling left elbow backward (counts 1 and), Replace and JUMP ONTO RIGHT FOOT, SLIDING LEFT FOOT FORWARD, reversing elbow action (2 and),
- 2 Replace and JUMP ONTO LEFT FOOT, SLIDING RIGHT FOOT FORWARD, reversing elbow action (1 and), PAUSE (2 and),
- 3-4 REPEAT pattern of Measures 1-2, starting with jump onto Right foot, sliding Left foot forward.
- 5-8 Repeat pattern of Measures 1-4.
- 1-8 Repeat pattern of Measures 1-8.
(repeated)

II. Elbow Swings

Music B

- 1-4 RIGHT-ELBOW SWING. Hook right elbows with right hands up, left hands held high, and swing clockwise with eight running or skipping steps, snapping fingers of both hands. Release elbows and clap own hands on eighth count.
- 5-8 LEFT-ELBOW SWING with eight running or skipping steps, snapping fingers and ending with a clap on last count.
- 1-8 REPEAT pattern of Measures 1-8.
(repeated)