

Ratevka

Ratevka is a male-female dance from the Malashevsko region, Macedonia.

Palm-hold. The meter is 7/16^b (3,2,2).

Starting position: The dancers stand in a semi-circle, the body is turned to the right. The weight of the body falls on the L foot, which is prepared for a hop, while the right one touches the ground.

First measure:

- At "one" - hop on L foot to the R
- At "two" - step on L to the R foot
- At "three" - step on L to the right

Second measure:

- At "one" - squat step on R in direction to the R of the circle
- At "two" - step on L to the R
- At "three" - step on R to the R

Third measure:

- At "one" - step on L foot
- At "two" - hop on L
- At "three" - step on R

Fourth measure:

- At "one" - squat step on R foot to the R, facing the center
- At "two" - a crossed step on L foot in front of the R foot
- At "three" - step on R in place

Fifth measure:

- At "one" - step on L foot, the R foot draws a circular motion from L to R.
- At "two" - hop on L foot; the R foot finishes the circle reaching the back of the L foot
- At "three" - step on R in place

Sixth measure:

- At "one" - step on L step, the R foot draws a circular motion from L to R.
- At "two" - hop on L foot; the R foot finishes the circle until stretched out forward R
- At "three" - the weight remains on the L foot, the R foot is kept stretched out forward R

Seventh measure:

- At "one" - step on R foot behind the L
- At "two" - step on L behind the R
- At "three" - step on R foot behind the L

Eight measure:

At "one" - step on L foot; the body is turned to the L

At "two" - hop on L

At "three" - pause