

Raz Dwa

(Poland)

Source: Frances Wesolowska, Director, Polish National Alliance,
New York.

Basic Step: Polka: Hop on R (ct 1), step on L (ct &), step on R
(ct 2), step L (ct &).

Formation: Circle of couples with M on inside, inside hands joined.
All face LOD. (CCW).

Measure

Pattern

1-8

Introduction.

I. Walking Step

(All does for M, W use opp ft work).

1 Step on L in LOD (ct 1, &), step on R in LOD (ct 2, &).

2 Repeat meas 1 (Free hand on hip, with loose first).

II. Polka Step

3-6

Do 4 polka Steps turning CW while traveling LOD, M starts
with R. One pola per meas. Ballroom dance position.

III. Pivot Step

7-8

Take 2 pivot steps in place, M begin L, ending on inside
of circle, ending of 7 and in begining position at end of
8. Ballroom dance position.

Repeat from beginning until end of music.