

Rechenka

(Russia)

Rechenka, meaning "little river," is a traditional couple dance which has spread all over central Russia. The dance was gathered during one of Alexei Shilin's field work expeditions. Rechenka was introduced by him to the participants of the Summer Dance Camp in Suzdal, Russia in 1992.

Pronunciation: reh-CHEN-kah

Cassette: Konings – Stockton 1996 4/4 meter

Formation: Couples in longways formation. Ptrs facing with hands joined straight across (R with L).
Footwork and directions given for M, W dance opp.

Meas

Pattern

4 meas INTRODUCTION. No action.

PATTERN

- 1 Step sdwd on L (ct 1); step on R beside L (ct 2); repeat cts 1,2 (cts 3,4).
- 2 Release ML, RW hand and face top of set. Beg L, walk fwd 3 steps (cts 1,2,3); stamp R beside L (no wt) (ct 4).
- 3 Beg R, walk bkwd 4 steps.
- 4 Face ptr and rejoin ML, WR hand. Step sdwd on R (ct 1); step on L beside R (ct 2); step sdwd on R (ct 3); close L to R (no wt) (ct 4).
- 5 Release hands and moving twd top of set, make 1 CCW turn with 3 steps beginning L (cts 1,2,3); facing ptr, step on R beside L and rejoin hands (ct 4).
- 6 Step sdwd on L (ct 1); step on R beside L (ct 2); step sdwd on L (ct 3); close R to L (no wt) (ct 4).
- 7 Release hands and moving twd bottom of set, make 1 CW turn using opp ftwk from meas 5.
- 8 Repeat meas 6 with opp ftwk and direction.

Repeat pattern as written until music ends.

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Description by Ruth Ruling and Joyce Lissant Ugglá