

REDOVA

Mexican

Music: Peerless 2735

Source: Carlos Rosas

This dance is a northern Mexican polka. The style of the dance is the same as in the Polka Nortena (De Reynosa a Matamoros) which is described in more detail.

Step 1 Three sliding steps to left (cts 1, 2, 3), heel-toe with right foot (ct 4). Three sliding steps to right (1, 2, 3), heel-toe with right foot (ct 4).

Step 2 Woman sits, man step-hops around her, making a heel-toe step on the ground with his free foot.

Step 3 Man sits, woman step-hops around him, doing a heel-toe step on the ground with her free foot.

Step 4 Social dance position, fox-trot ad lib.

Repeat steps 1 & 2.

Note Steps 3 and 4 may be interchanged.