



THE WALTZ.

The Waltz, now called the common or plain waltz, to distinguish it from the more modern ones, has been known for many years, and is still danced at public balls; and as it is probable that it will retain its position in the ball-room for some time to come, a short description of it may prove useful.

DESCRIPTION OF THE WALTZ.

MUSIC IN THREE-FOUR TIME.

*The Gentleman commencing with the left foot and the Lady with the right.*

1st. The gentleman slides his left foot diagonally forward in front of his partner.

2d. He then slides the right foot past the left in the same direction, little back of the fifth position, with the heel raised and the toe to the floor, slightly turning to the right.

3d. He turns upon both feet—on the toes—so as to bring the right foot forward in the third position, turning half round.

4th. He slides the right foot forward between his partner's feet.

5th. Then slides the left foot forward again, slightly turning to the right.

6th. Turns on both feet, and brings the right foot in front to the third position.

And thus: In the first three counts the couple turns half round, and in the second three counts half round again, which completes the circle.

The lady commencing with the right foot at the same moment as the gentleman, executes the fourth, fifth, and sixth times, then continues with the first, second, and third times, or steps, and so on, constantly turning and following the couple before them.

Then recommence with the right foot, and so on—first commencing with one foot and then with the other, alternately.

For the lady, the directions are the same, except that she is to reverse the feet.



THE HOP WALTZ.

(LA SAUTEUSE.)

This is an old Waltz, lately revived in Paris.

The step is similar to that of the common waltz, except that the first step must be jumped, like a *jetté*, and the other two steps run.

N. B.—The steps of the *Sauteuse* are sometimes confounded with the second step of the Schottisch; care should be taken not to fall into this error, as it would quite destroy the original character of the dance.



THE REDOWA.

The Redowa step is the same as the *pas de basque*. The rhythm of this Waltz is two in each bar. The music is in three-four time (like a Mazourka), the first of the two movements occupying two intervals of the bar, and the second movement occupying the third.

The step is as follows: Supposing the lady to commence, she is to stand in the third position with the right foot forward.

1st. Make a slight spring, and bring the right foot behind the left (and fall on the right foot), at the same time raise the left foot from the floor (count one).

2d. Slide the left foot forward, slightly bending the knee (count two).

3d. Bring the right foot up to the left, and again raise the left foot, still keeping it forward (count three).

4th. Spring again and bring the left foot behind the right (and fall on the left foot), at the same time raise the right foot from the floor (count four).

5th. Slide the right foot forward, slightly bending the knee (count five).

6th. Bring the left foot up to the right, at the same time raising the right and keeping it forward (count six).

This is the forward movement; the gentleman merely reversing the feet.

THE POLKA REDOWA.

This dance is precisely the same as the first three movements of the Polka, the fourth step or interval being omitted; and is danced in three-four time, the same as a Mazourka, which makes a more graceful and easy dance than the Polka, and one that is a great favorite.

STEP OF THE POLKA REDOWA.

MUSIC IN THREE-FOUR TIME.

There are only three steps in the Polka Redowa, which occupy one bar of music, as follows:

1st. To begin, the foot is raised a little behind, the gentleman using his left and the lady her right foot, the gentleman then, for the first step, springs lightly on the right foot and almost simultaneously slides the left foot forward, finishing on both feet (count one).

2d. The right foot is then brought up to the left foot in the third position, at the same time the left foot is raised, and extended in front a little from the floor (count two).

3d. Then fall on the left foot, raising the right foot behind (count three); and, without stopping, spring on the left foot, and proceed in the same manner with the right foot.

The lady does the same, only beginning with the right foot.