

Reinlender for to par
(Reinlender for two couples)

Source: Learned at Noregs Ungdomlag's Teacher Training Course,
Fana 1976. Teachers: Tor Stallvik, Geir Egil Larsen, Eli Gulla,
Brit Håland.

Record: Any good reinlender on a gammeldans record.

Music: 2/4.

Steps: Reinlender change-of-step, reinlender step-hop.

Starting Position: Couples facing counterclockwise around the room,
woman on man's right, holding nearer hands. Couples divide
themselves into groups of two; the leading couple at the beginning
will be called couple 1 and the trailing couple will be couple 2.
Couple 1 raise their outside hands to just above shoulder height,
bending at the elbow. Couple 2 reach forward to take their hands;
that is, the two men hold outside hands as do the two women.

Measure

Figure I

- 1-2 Dance two reinlender change-of-step moving forward.
- 3-4 Couple 2 dance the four reinlender step-hops straight
forward while couple 1 drop inside hands, dance behind
the second couple in a curve (man turns to his left and
woman to her right), rejoining hands behind the second couple.
- 5-8 Repeat Figure I, the couples exchanging roles.

Figure II

- 1-2 Dance two reinlender change-of-step moving forward.
- 3-4 All retaining hands the whole time, couple 1 dances backward
and under the arch made by the second couple raising their
joined inside hands. Couple 2 then responds to the pull on
their outside hands and, holding their inside hands up, the
man turns to his right and the woman to her left under their
own arch. The couples have now exchanged places.
- 5-8 Repeat Figure II, the couples exchanging roles.

Figure III

- 1-2 Dance two reinlender change-of-step moving forward.
- 3-4 Using four reinlender step-hops, do the same as Figure I
measures 3-4, except that all retain hands. The first
couple must raise their joined inside hands to make an arch.
Another way to think of it is as the reverse of Figure II.
The first couple makes an arch, backs under it, pulling the
second couple (who are dancing forward) after them.
- 5-8 Repeat Figure III, the couples exchanging roles.

Alix Cordray