

REJDOVAK A REJDOVACKA
(Redowa and Reydowaczka)

Coupledance from BOHEMIA

Form :

I. Rejdovak (3/4) a) 1. - 8. , b) 9. - 16. and (: 9. - 16. :)

(: I. Rejdovak)

I. Rejdovacka (2/4) : a) 1. - 8., b) 9. - 16. and (: 9. - 16.:)

II. Rejdovak (3/4) : a) 1. - 8. , 9. - 16. and (: 9. - 16. :)

II. Rejdovacka (2/4) : a) 1. - 8. and (: 1. - 8.:), b) 9. - 16. and (: 9. - 16. :)

Formation : Couples - M facing the W, crossed handhold (in the shoulderhigh); R hand over the L.

I. REJDOVAK (waltz)

a) 1. - 4. four steps (3.ct.) , M forward, W backward, M begins with the L, W with the L foot. All steps are accompanied with "REJDOVANI" - special movement with the whole body and the joined arms.

5. - 8. = 1. - 4.

b) 9. - 16. and (: 9. - 16. :). Closed position: threecount Roundwaltz.

Variations

a) 1. - 3. three count Waltz (like in the basic version),

4. M turns his partner (W turns under joined R hands) to the right (CW).

5. - 8. = 1. - 4.

b) 9. - 16. = the basic version,

(: 9. - 16.:) Fingerfigur: M turns his partner out (W turns under the joined hands - M L, W R).

W: Threecount Waltz (Rounddance) - W turns to the right (CW).

M: Onecount Waltz forward.

I. REJDOVACKA

a) 1. - 8. Couples in the crossedhand position; smooth basic Polka with "REJDOVANI": M begins with the L, W with the R foot.

b) 9. - 16. Couples in basic closed position.

9. - 10. Polka with "REJDOVANI",

11. - 12. Roundpolka.

13. - 16. = 9. - 12. (: 9. - 16. :) = 9. - 16.

REJDOVAK II.

M facing W, hands on their hips :

1. - 2. three count waltz; M starts with the R, W with her L foot.

Steps are accompanied with "REJDOVANI" (with the whole body,);

3. - 4. one or two turns in place with 6 smooth steps, W turns to L, M to the R.

5. - 8. = 1. 4 .

9. - 16. and (: 9. - 16. :) = 9. - 16. in the basic version.

II. REJDOVACKA

M facing W; hands on hips.

1. - 2. two polka steps forward, W backward with "REJDOVANI" ; M starts with the L, W with the R foot.

3. - 4. M four walking steps forward (step- step- step - close the R to the L), W two walking steps backward and on the third beat leap with both feet; M claps in his own hands.

Variation : W can do the leap with a pirouette in the air.

5. - 8. = 1. - 4. (: 1. - 8. :) = 1. - 8.

b) 9. - 10. In closed position polka steps with "REJDOVANI",

11. - 12. Pivot turns or Polka Roundance,

13. - 16. = 9. - 12.

Variation : 9. - 10. M skipping steps forward, W Polka Roundance under the joined

hands - M left hand, W R hand.

